



Our mission is to build healthy Military communities and foster mission readiness by developing, implementing, and evaluating policies and programs designed to prevent, intervene in and treat child and spouse maltreatment.

Preventative and educational services are offered for individuals, Families, and groups.

Services include:

- ◆ Parent Support Services
- ◆ Child Abuse Community Awareness Training
- ◆ Scream Free Parenting
- ◆ Scream Free Marriage
- ◆ Positive Parenting Class
- ◆ Couples' Communication Workshop
- ◆ Anger Management Class
- ◆ DADS 101: The Basics
- ◆ Marital Therapy
- ◆ Playgroups
- ◆ Family Violence Awareness & Prevention briefings
- ◆ Wellness Library has books, CD and DVD resources for Families available for check out.

JBER Resources

JBER Military Police	552-4444
JBER Chaplain	552-4422
JBER Hospital Chaplain	580-6200
Emergency Room	580-5555

Elmendorf Resources

AF Substance Abuse	580-5699
Legal Assistance	552-3046
Mental Health Clinic	580-2181
Military Family Readiness Center	552-4943
Military Family Life Consultant	382-2799
Sexual Assault Response Coordinator	551-2033
WIC Women Infant & Children	580-2150

Richardson Resources

Army Community Service	384-1517
Army Substance Abuse (ASAP)	384-1411
ASAP Counseling Center	384-7368
Behavioral Health Clinic	384-0405
Legal Assistance	384-0371
Military Family Life Consultant	384-1534
Sexual Assault Response Coordinator	384-6895
WIC Women Infant Children	384-2033
Soldier Family Assistance Center	384-7322
Victim Advocate	580-5858
WIC Women Infant & Children	384-2033

Additional Resources

American Red Cross Anchorage	907-646-5400
American Red Cross National	877-272-7337
Office of Children's Services	907-269-4000
Domestic Abuse Hotline	800-799-SAFE
Abused Women's Aid In Crisis	907-272-0100
Standing Together Against Rape	907-276-7279
Military One Source	800-342-9647



**Joint Base Elmendorf
Richardson
Family Advocacy Program**

Elmendorf Office
First Floor Hospital
with Mental Health
Phone: 907-580-5858
Fax: 907-580-8025

Richardson Office
Bldg 600 by ACS
Phone: 384-6717
Fax: 384-6551

New Parent Support Program

Are you expecting a baby? Do you have children under three years of age? Are you planning to adopt a child or marry someone with a child under three? The New Parent Support team is here to give you a helping hand.

Parenting is one of the most important jobs in the world! The decisions you make today will affect the life of a child forever.



Our trained staff is here to assist you in your efforts to build a healthy, happy and successful family. We offer a wide array of services to families ranging from home visitation to classes. We offer free books, pamphlets & handouts on popular parenting topics.

Program activities include:

- ◆ All About Babies newborn parenting class
- ◆ Playgroups
- ◆ Military & community resource referrals

Family Advocacy Strength-based Therapy (FAST)

Couples and families experiencing marital discord, stress, and are motivated to improving communication skills may be eligible to receive one-on-one sessions with a licensed clinical social worker.



Each family will receive support based on their individual needs so appropriate referrals can be made to assist in reducing stress and strengthening relationship skills.

Maltreatment Services

Families coping with child abuse and or domestic abuse related circumstances receive clinical support services provided by Family Advocacy's treatment managers. Services are provided to active-duty members and their



Families to mitigate future incidents for the purposes of supporting mission readiness. Services may include individual, couples or Family therapy as well as groups and classes. Some referrals may be sent to other community and military agencies.

JBER policy directs all active-duty members and civilian employees to report all incidents of *suspected* child and/or family maltreatment

Call 580-5858 to discuss any concerns you may have.

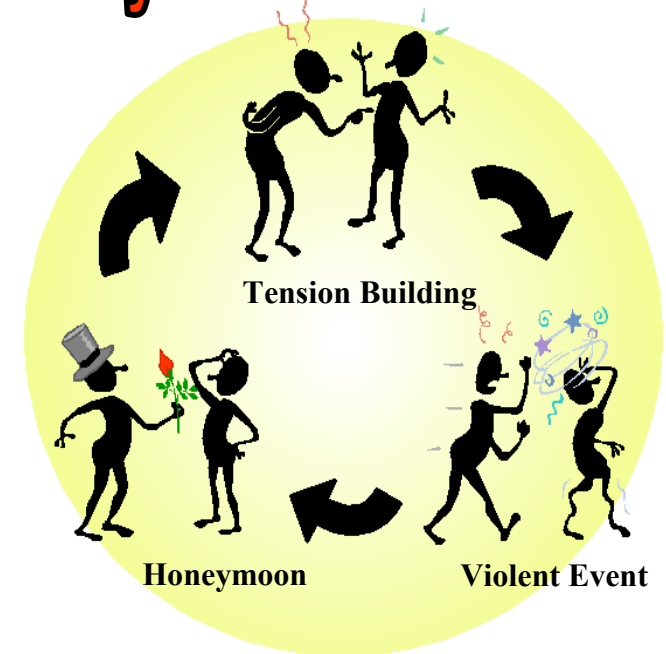
Victim Advocacy Services

- Support services include:
 - Individualized assistance
 - Safety planning
 - assist with logistical difficulties
- Support and guidance working with law enforcement & legal proceedings
- Home visits for follow-up support as needed
- Contact with military & civilian resources

***Without help, abusive behavior usually escalates over time.
Early intervention is the key!***

To report abuse call 907-580-5858

Cycle of Violence



Learn what the Cycle of Violence is and how to escape from it.

Seeking help is a sign of strength and responsibility.

Getting help from Family Advocacy gives you the power to make the most of your life and your relationships!

TO REPORT ABUSE AFTER HOURS CALL:

ER: 907-580-5555

Security Forces 907-552-4444 or 907-552-3421

Call to schedule a Domestic Violence Briefing
907-580-5858